

INADR



**INTERNATIONAL
LAW SCHOOL
MEDIATION
TOURNAMENT**

March 14-17, 2019

Athens, Greece

www.inadr.org

Your Little Guide to INADR Athens Tournament 2019

- 1. Tournament venues**
- 2. Transportation**
- 3. Accommodation**
- 4. Useful info**
- 5. Enjoy Athens!**

1. TOURNAMENT VENUES*

A. The American College of Greece

<http://www.acg.edu/>

Phone: +30 210 600 9800

Dates: 14-16th March 2019

Location**: Agia Paraskevi, Athens (6 Gravias str.)

B. ALBA Graduate Business School

<http://www.alba.edu.gr/>

Phone: +30 210 8964531-8

Dates: 17th March 2019

Location**: St. Xenias 6, Athens

**Please note that the Tournament is generously hosted by
The American College of Greece and will provide two different venues.*

*** (ctrl+click on the location for more information)*

2. TRANSPORTATION

FROM: Downtown Athens **TO:** American College of Greece

BY bus and private car:

You can reach the Aghia Paraskevi campus via **Messoghion Avenue** heading northeast of the city. → Once you reach **Aghia Paraskevi Square** (church of Aghia Paraskevi), you take Aghiou Ioannou Street straight up towards Mt. Hymettus. →

The College Central Gate is at the end of the Street.

Gravias Street passes in front of the entrance.

Useful bus lanes: X95 (for Messoghion av.)

WITH metro:

You can reach the campus by using the Metro system (blue line No. 3) to **Nomismatokopio station**. → From there, bus line 406 or 407 will take you to Aghiou Ioannou Square, four blocks (300 meters) away from the College's Central Gate.

FROM: Eleftherios Venizelos Airport in Spata **TO:** American College of Greece

BY bus:

You can take airport bus E94 (07:00-23:00) from the main terminal to the Aghia Paraskevi Square stop. Use Aghiou Ioannou Street to the Central Gate.

BY private car:

You can reach the campus by taking the Attiki Road from the airport towards Athens. Take exit No. 16 (Imittos Ring) and follow signs to exit No. Y4 (AghiaParaskevi). Follow the Gravias Street signs; make a left turn on Gravias Street to the College's Central Gate.

NOTE: ALBA Graduate Business School is located in the center of Athens very close to Athens' Music Concert Hall

3. ACCOMMODATION

Hotels close to **The American College of Greece** (Venue for days 1, 2, 3):

- **Park Hotel**
- **Valashouse apartments**

Hotels close to **ALBA Graduate Business School**(Venue for day 4):

- **Crowne Plaza Hotel** : <http://www.cpathens.com/>
- **Stratos Vassilikos Hotel**: <http://www.airotel.gr/en/Stratos-Vassilikos-793.htm>
- **Best Western Plus Embassy Hotel**: <http://www.embassyhotel.gr>
- **The Golden Age Hotel**: <http://hotelgoldenage.com>
- **Athinais Hotel**: https://www.athinaishotel.gr/?fbclid=IwAR3j62FmEfZly8Rwand-To_gVAKVGy0FzULH71_1ALLUi71Tqwp-9PyefEs
- **Saint George Lycabettus**: <http://www.sglycabettus.gr/default-en.html>
- **President Hotel**: <http://www.president.gr/default.asp?langid=2>
- **Zafolia Hotel**: <http://www.zafoliahotel.gr/>
- **Hilton Athens**: <http://www.hiltonathens.gr/en/home.html>
- **Divani Caravel**: <http://divanicaravelhotel.com/>

4. USEFUL INFORMATION ABOUT ATHENS

IN CASE OF AN EMERGENCY:

European Emergency Call Number: 112

Police: 100

Fire Service: 199

Doctors on duty and emergency hospitals: 14944

International Airport Athens (Eleftherios Venizelos): +30 2103530000

First –Aid Medical Line: 166

Medical Service: +30 210 4131269

To Be-Duty Hospital Services: 1434

Pharmacies: 1434

SOS Doctors: 1016

Poisoning First Aid: +30 210 7793777

Tourist Police: 171

Athens Traffic Police: +30 210 5284000

Phone Catalog Information: 11888

AIR-FLIGHT INFORMATION

General Flight Information: +30 210 3530000

Flight Schedules: +30 210 3530000

Reservation Department (Olympic Airways): +30 210 9666666

EMBASSIES

Embassies can provide assistance to travelers and are usually the best places to contact for the most recent information.

ALBANIA: +30 210 6876200

ALGERIA: +30 210 7564191

ARGENTINA: +30 210 7224753

ARMENIA: +30 210 9318077

AUSTRALIA: +30 210 8704000

AUSTRIA: +30 210 7257270

BELGIUM: +30 210 3600314

BOSNIA – HERZEGOVINA: +30 210 6410788

BRAZIL: +30 210 7213039

BULGARIA: +30 210 6748105-8

CANADA: +30 210 7273400

CHINA (PEOPLE'S REP): +30 210 6723282-3

CROATIA: +30 210 6777033

CYPRUS: +30 210 7232727

CZECH REPUBLIC: + 30 210 6719701

DENMARK: +30 210 7256440

EGYPT (ARAB REPUBLIC OF): +30 210 3618612-3

FRANCE: +30 210 3391000

FYROM (LIAISON OFFICE): +30 210 6749585

GEORGIA: + 30 210 7489180-1

GERMANY: +30 210 7285111

HUNGARY: +30 210 7256800

INDIA: +30 210 7216227

ITALY: +30 210 3617260

IRAN: +30 210 6741436

KAZAKHSTAN: +30 210 6515643

LATVIA: +30 210 7294483

LEBANON: +30 210 6755873

LITHUANIA: +30 210 7294356

MOLDOVA: +30 210 6990372

NIGERIA: +30 210 8021168

PALESTINE: +30 210 6726061-3

ROMANIA: +30 210 6728875

RUSSIA: +30 210 6726130

SERBIA: +30 210 7774344

SLOVAKIA: +30 210 6771980

SLOVENIA: +30 210 6775685

SOUTH AFRICA: +30 210 6106645

SPAIN: +30 210 9213123

UKRAINE: +30 210 6600230

TURKEY: +30 210 726300

Please do not forget, to have with you at all times your passport and visa!

Communication

While Greek is the main language used in Athens, most Athenians speak English and those in the tourist industry are likely to speak French and German too. Notices, menus and road signs are written in both English and Greek.

Currency

Euro (EUR)

You may find the exact rates with your local currency at www.xe.com.

Electricity

The standard in Greece is 220V AC (50Hz). Appliances from North America require a transformer and British ones an adaptor.

Time

Greek time is two hours ahead of Greenwich Mean Time, an hour ahead of Central European Time and seven hours ahead of Eastern Standard Time. Along with the rest of continental Europe, the clock is advanced one hour during summer -from the end of March to the end of October- almost a month earlier than the UK, the US and Canada. Therefore keep in mind that the time difference with these countries is one hour greater for some weeks in April and October. If you want to find out what is the exact time call 14814 (recorded message in Greek).

Public Transportation

The Athens public transportation network offers you a wide variety of routes, combining many different means, namely the metro, railway, buses, trolleybuses and trams. With a 1,40€ ticket you can move around using one or more means of transport within 1 hour and 30 minutes. You can buy tickets from all metro and train stations as well as from the kiosks on the streets. Alternatively, you can inquire about day or weekly passes that offer public transport at a **discounted rate**.

A quick reminder: When travelling on the bus, metro, railway and tram, passengers are required to validate their tickets after purchasing them and before boarding. The fine for a non-validated ticket in **Athens, Greece** is 40 times its value. The validation machines in the buses and trolley buses are orange boxes. On the metro, the boxes are in the station lobby and on the tram, there are beige boxes located on the platform and inside the car. Be sure to inquire about the day and weekly passes that offer transport at a discounted rate.

For more information on the Athens metro ticket system:

<https://www.athenstransport.com/english/tickets/>

Taxis

Greek taxis are inexpensive by European standards and offer an alternative to mass transit. All licensed taxis are equipped with meters (the fare is charged per km and per hour) and display a card detailing the latest valid tariffs and surcharges.

- For scheduled pick up service you may call any of the taxi companies serving the greater Athens area
- Please note that the organizing committee of INADR ATHENS 2019 has secured cooperation with Marou Transportation Luxury Taxi Services. Contact details: Mr. Nikos Maroufidis ***T. +30 6973837369 E. nikos_marou@outlook.com***.

Business Hours

Government offices & public sector in general

8 a.m. to 3 p.m. daily, closed Saturday, Sunday and most holidays.

Shops

are open Monday, Wednesday and Saturday 9 am-3 pm and on Tuesday and Thursday and Friday 9 am-2 pm and 5 p.m-8 p.m many tourist shops are open 9 a.m. to 10 p.m. Malls and some retail stores in shopping areas may be open from 9am – 9pm.

Banks

Each bank has its own working hours but if you do your banking in the mornings, all of them are certainly open from Monday to Friday, 08:00-13:00.

5. Enjoy Athens

Nightlife - Clubs

Downtown is famous for its vivid lifestyle. All visitors may have an excellent stay and experience a lot of pleasant activities. Apart from getting to know the culture, the idyllic countryside, the Greek gastronomy, visitors should meet the tingling Greek life style.

You can find lots of bars in the center of Athens at **Kolonaki, Ampelokipi, Psyrri and Gazi**. You may reach the aforementioned areas with the blue line of the Metro (**Syntagma, Monastiraki and Keramikos stops respectively**) and red line for **Ampelokipi (Panormou metro station)**. **Kolonaki** is also a shopping area where you may find among others many designers' boutiques. Most of the cafes and bars are located on **Skoufa Str.**, around **Kolonaki Sq. (Filikis Eterias Sq.)** and on the streets vertical to **Patriarchou Ioakeim Str.**

At **Psyrri**, you may have more options, as you can find places to have something to eat, like taverns with live music, hip restaurants, or bars to have a couple of drinks. At **Gazi**, which tends to be the most crowded area of Athens at nights you will find quite a few bars, clubs, and restaurants around **Gazi Sq.**, where the metro station of **Keramikos** is, as well as on the streets nearby.

One of the most popular areas to hangout is the so-called "**Island of Panormou**". A small cluster of night-life spots and fast food joints located between **Panormou Metro Station** and the intersection of **Panormou St. and Kifisias Ave.** The area got its current character starting 10-15 years ago with a bar called Potopoleio ("Drink-Seller") whose success has attracted others nearby, making the area a night-life hub for all of Athens. Walk around and find the one that is closed to your taste.

You may also pay a night visit to **the old city (Monastiraki and Plaka)** and have a drink at one of the many small bars. Some of them are quite unique while others have excellent view to the Acropolis

- **A for the Athens** Miaouli 2 - 4, Athens, Monastiraki. At the roof top of the hotel you will experience some of the best cocktails in Athens, gazing at a breathtaking view of Acropolis
- **Brettos Bar**, 41 Kydathinaion, Plaka . Ideal place for drinks and chat at historic center of Athens. Hundreds of colorful bottles and lights decorate the walls of "Brettos".

Restaurants

Eating out in Athens is a great pastime and leisurely pleasure, either when dining at a local taverna or at an elegant restaurant. The Greek cuisine is delightfully uncomplicated and quite different from what's found in restaurants abroad. Much of the cooking relies on simple seasonings and fresh meat

and vegetables. For breakfast, Greeks rarely eat more than bakery-fresh tiropitas (flaky cheese-filled pastries). Greeks eat lunch in late afternoon, generally between 2 and 4 pm, and dinner around 10 or 11 pm. To stave off hunger between meals, they enjoy snacking on souvlaki or tiropitas. It's common for Greeks to make a lunch of mezedes, or appetizers. Typical dishes include fried meatballs, zucchini, potato or cheese croquettes, octopus, shrimp, squid, cheese, olives, stuffed vine leaves, small sausages and giant beans. You can find mezedes at an ouzeri (serving ouzo, an anise-flavoured liqueur) or at a mezedopolio (serving locally produced wine or beer); both of these types of restaurants are open only during the day. For the evening meal, Greek tavernas serve such specialties as moussaka (lamb, eggplant and bechamel sauce), kebabs, pastitsio (lamb or goat meat with macaroni and tomatoes), stifado (braised beef with onions) and paidakia (grilled lamb or goat chops). The cost of dinner for one, not including drinks, starts from 15 Euros, depending on the restaurant or tavern. Prices per person for a dinner at a hip restaurant at Glyfada, Psyrri or Gazi may vary at approximately 25€ per person (www.athinorama.gr).

Shopping Areas

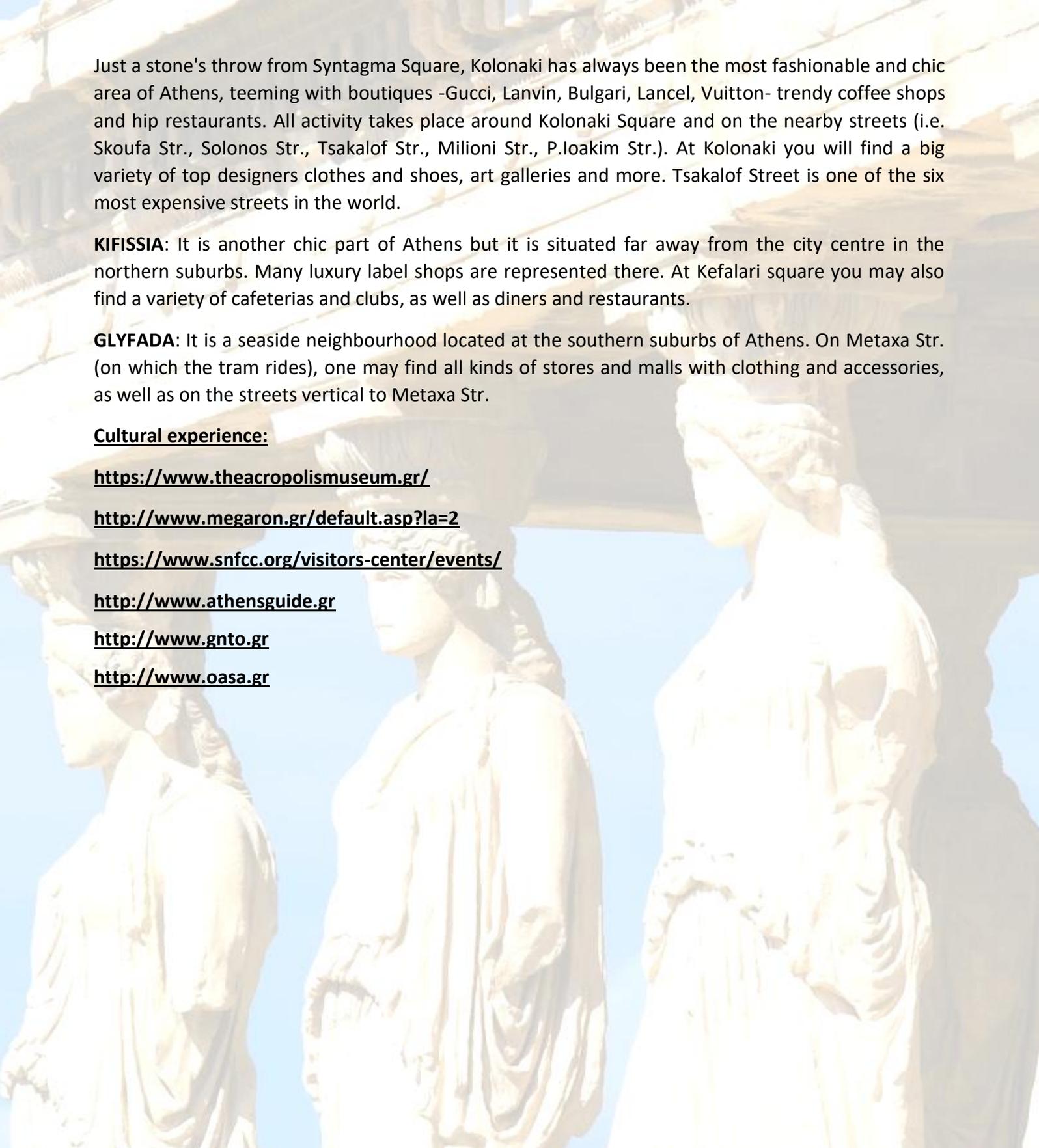
PLAKA: It is the most famous and calm area of the city. It is one of the most tourist shopping areas and there are many souvenirs, gold and silver jewellery shops located in the central streets.

ERMOU: It is a pedestrian street which leads from the **Syntagma Square to Monastiraki**. The street concentrates a great number of fashion labelled stores (Mark and Spencer, Zara, Massimo Dutti, Nike, Bershka, etc) that attract thousands of people every day.

MONASTIRAKI & PANDROSOU STREET: **Pandrossou** is a pedestrian street that leads from the Mitropoleos square to **Monastiraki flea market** and concentrates a large number of souvenir shops with ancient statue's imitations, landscapes' paintings and many other tourist items. There are also many jewel, fur and carpet shops. Monastiraki flea market is the largest open air market in Athens. It is one of the most interesting areas and offers all kind of shopping opportunities: antiques, furniture, leathers and military clothes, books, traditional instruments, music shops. In recent years, the market also attracted many quality shoes shops. The Market is opened all the week but the busiest day is Sunday.

ATHINAS STREET: It leads from **Omonia Square to Monastiraki**. Many kinds of shops are represented in this street. Near Omonia square, there are many interesting little shops selling natural products like coffee, dry fruits and nuts. The Athens meat market and the fresh fruit and vegetables market are also situated in **Athinas Street (Varvakios Market)**, an interesting place to visit.

KOLONAKI: **Kolonaki** is the first word that a good shopper should know. It is one of the elegant neighbourhoods of Athens and also one of the trendiest and most stylish shopping areas of the city.



Just a stone's throw from Syntagma Square, Kolonaki has always been the most fashionable and chic area of Athens, teeming with boutiques -Gucci, Lanvin, Bulgari, Lancel, Vuitton- trendy coffee shops and hip restaurants. All activity takes place around Kolonaki Square and on the nearby streets (i.e. Skoufa Str., Solonos Str., Tsakalof Str., Milioni Str., P.loakim Str.). At Kolonaki you will find a big variety of top designers clothes and shoes, art galleries and more. Tsakalof Street is one of the six most expensive streets in the world.

KIFISSIA: It is another chic part of Athens but it is situated far away from the city centre in the northern suburbs. Many luxury label shops are represented there. At Kefalari square you may also find a variety of cafeterias and clubs, as well as diners and restaurants.

GLYFADA: It is a seaside neighbourhood located at the southern suburbs of Athens. On Metaxa Str. (on which the tram rides), one may find all kinds of stores and malls with clothing and accessories, as well as on the streets vertical to Metaxa Str.

Cultural experience:

<https://www.theacropolismuseum.gr/>

<http://www.megaron.gr/default.asp?la=2>

<https://www.snfcc.org/visitors-center/events/>

<http://www.athensguide.gr>

<http://www.gnto.gr>

<http://www.oasa.gr>

CONTACT INFORMATION

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We are so looking forward to seeing you all there!